The Softest Hot Cross Buns

Prep Time: 2 hours 30 minutes Cook Time: 20 minutes Additional Time: 10 minutes Total Time: 3 hours

Servings: 12

Traditional hot cross bun just got a face lift! These Easter **Hot Cross Buns** are the softest we've ever had! You can totally eat them for breakfast. Or dessert. Or just because.

Ingredients

- 1 1/2 Cups Milk Whole
- 1/2 Cup Granulated Sugar
- 1 Tablespoon Instant Yeast
- 4 1/4 Cups Flour All-Purpose
- 1/2 Teaspoon Salt
- 1/2 Teaspoon Nutmed
- 1/2 Teaspoon Cinnamon
- 2 Large Eggs
- 4 Tablespoons Butter Unsalted, softened
- 1 cup Raisins
- 1 1/2 Cups Water
- 1 Teaspoon Baking Soda

Sugar Syrup

- 1/4 cup Water
- 1/4 cup Granulated Sugar

Cream Cheese Icing

- 3/4 Cup Powdered Sugar
- 2 ounces Cream Cheese plus 2 Tablespoons, softened
- 1 Tablespoon Butter Unsalted , softened
- 1 Teaspoon Vanilla Extract
- 1/2 Tablespoon Water

Instructions

Make the Dough:

- 1. In a small saucepan over medium low heat, add the milk to scald it. This is done by gently warming the milk until it becomes frothy around the edges. You may notice a thin layer appear on the top of the milk, just remove from the heat and stir a little to remove it.
- 2. Pour the milk into a bowl or glass measuring cup.
- 3. Allow the milk to cool to warm. I like to put ours in the fridge for a few minutes to help it along, but you cannot use cold milk so don't forget it!
- 4. Meanwhile, heat the water, baking soda and raisins in a small saucepan over medium heat until boiling. Allow to boil gently for 2 minutes, the raisins should be big and plump, and drain in the sink, leaving the raisins in the strainer to cool. Give them a gentle rinse very quickly under water to help speed up the process but do not thoroughly rinse them.
- 5. In a small bowl combine the lukewarm milk, sugar and yeast. Stir gently and let it rest until the yeast activates and it begins to look foamy.
- 6. In the bowl of your mixer add 4 cups of flour, salt, nutmeg and cinnamon. Mix until combined.
- 7. Add the eggs and butter to the yeast mixture and stir until the butter is melted.
- 8. Pour the yeast mixture over the flour mixture, and using the dough hook attachment, mix for about 5 minutes at medium speed. Add up to 1/4 cup more flour if you notice time is almost up but the mixture is still clinging to the sides.
- 9. Add raisins and continue mixing for another minute. They will add a little moisture, but it should still start to pull away from the sides of the bowl.

Let the Dough Rise:

- 1. In a large bowl add a bit of oil, now place the dough in the bowl, rolling it around so that it gets oil all over. The dough is extremely sticky, so using a **bench scraper** is really helpful.
- 2. Cover the bowl with a towel. Let the dough rise for a couple hours until doubled in size, about 2 hours.

Shape and Bake the Buns:

1. Preheat oven to 375 degrees F. Line a 9x13-inch pan with parchment paper, then spray with nonstick spray.



- 2. Punch down the dough, and cut it into 12 equal pieces and roll each one in your hands quickly to make a dough ball. Place the rolls in the pan and cover with a clean towel and let them rest for another 30 minutes until doubled in size.
- 3. Bake for about 20 to 25 minutes or until golden brown.
- 4. While baking, make the sugar syrup by heating the sugar with the water in a sauce pan over medium heat. Bring to a boil, stirring until the sugar is dissolved. Continue to boil the syrup for about another minute or until syrup thickens very slightly. Set aside.
- 5. Remove the rolls from the oven and set aside for 5 minutes.
- 6. Brush the tops with the sugar syrup and let rest for 5-10 minutes.
- 7. Using the icing, pipe down the center of each row and then across each row to create a cross on each bun. Serve warm!

For the Icing:

1. Whisk all the ingredients together and spoon into a piping bag with a round tip and refrigerate until ready to use. You want the icing to be a little thick so it holds shape on the rolls.

Notes

The best way to reheat hot cross buns is to place them in a plain paper bag, sprinkle the bag lightly with water, and place in a hot oven 3 to 5 minutes before serving.

Nutrition Facts The Softest Hot Cross Buns	
Amount Per Serving (1 g)	
Calories 569	Calories from Fat 81
	% Daily Value*
Fat 9g	14%
Saturated Fat 5g	31%
Cholesterol 52mg	17%
Sodium 279mg	12%
Potassium 313mg	9%
Carbohydrates 111g	37%
Fiber 4g	17%
Sugar 31g	34%
Protein 12g	24%
Vitamin A 302IU	6%
Vitamin C 1mg	1%
Calcium 63mg	6%
Iron 5mg	28%
* Percent Daily Values are based on a 2000 calorie diet.	

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